

2011 TOPICS Monthly Educational Workshops

(Held 11:00 a.m. to noon on the
third Wednesday of every month)

March 16	Coping with the Loss of Your Spouse
April 20	8 Critical Questions for Mourners
May 18	Coping with the Loss of Your Mother
June 15	Coping with the Loss of Your Father
July 20	Coping with the Loss of Your Pet
August 17	Divorce Support
September 21	How to Help A Grieving Child
October 19	Suicide Support
November 16	Veterans Support
December 21	Coping with the Holidays

WHERE: Wings Community
Education Center
150 North Main Street
High Springs, Florida 32643

Please call 386.454-1338 (866.642-0962
toll free) to make your reservation by the
second Wednesday of the month.



A program of Hospice of Citrus County & Hospice of the Nature Coast

Licensed 1985

Hospice of the Nature Coast and Hospice of Citrus County are pleased to bring you a variety of caring, support resources through the Wings Community Education Centers.

Located adjacent to our offices in High Springs, Homosassa and Palatka, these centers offer our neighbors numerous opportunities for healing, coping, learning and discovery through a variety of support groups, educational programs, and the exchange of information and ideas.

There is no charge for any Wings Community Education program. For more information, contact the center nearest you.

ALACHUA COUNTY

150 N. Main St., High Springs, FL 32643
386.454.1338 – 866.642.0962 – fax 386.454.1358

PUTNAM COUNTY

6721 Crill Ave., Palatka, FL 32177
386.530.4600 – 866.642.0962 – fax 386.328.4331

CITRUS COUNTY

8471 W. Periwinkle Lane, Homosassa, FL 34446
352.621.1500 – 866.642.0962 – fax 352.621.1599

Hospice of the Nature Coast, a program of Hospice of Citrus County, Inc., licensed 1985, is a not-for-profit charitable organization providing comprehensively responsive and compassionate end-of-life services to the terminally ill and their families in 12 counties of North Central Florida.

ADMINISTRATION


P.O. Box 641270, Beverly Hills, FL 34464
3264 W. Audubon Park Path, Lecanto, FL 34461
352.527.2020 – 866.642.0962 – fax 352.527.0386

www.hospiceofcitruscounty.org
www.hospiceofthenaturecoast.org

Grief Services & Educational Support



of Citrus County
of the Nature Coast

Licensed 1985 

A GUIDE TO The Grief Services Department

The Grief Services Department at Hospice of the Nature Coast/Hospice of Citrus County, Inc., offers support services and educational programs to anyone who has experienced a loss.

Everyone is welcome to join our grief support groups, participate in our educational workshops and take advantage of our grief support services. Our services are available to individuals and families as well as to community groups, schools and businesses.

Provided as a public service and offered at no charge, our grief support activities are designed to help people of any age cope with their grief.

All of our services are provided by trained grief specialists, social workers, clinicians, chaplains and volunteers.

If you know someone who could benefit from any of our programs, call the Grief Services Department at 386.454.1338 or toll free at 866.642.0962.

A SUMMARY OF The Grief Support Programs

(Support Groups & Workshops usually meet in the Wings Community Education Center, 150 North Main Street, High Springs, Florida, 386.454.1338.)

Grief Support Groups – Helping participants examine the array of emotions experienced with grief.

- 1st Monday of each month from 4:00 to 5:30 p.m.
- 2nd Thursday of each month from 10:00 to 11:30 a.m.
- 3rd Monday of each month from 4:00 to 5:30 p.m.

Educational Workshops – Covering a range of topics related to specific situations to help participants better cope with grief.

- 3rd Wednesday of each month from 11:00 a.m. to noon
- A new topic each month (see 2011 Topics panel).

Caregiver Support Groups for Our Hospice Families – Respite for caregivers. If needed and available, volunteers may be able to stay with patients at home while caregivers attend our support group.

Support Groups for Parents Who Have Lost a Child – Beginning the healing process with others living with the same loss.

Individual Support – Grief support is available to anyone who has experienced a loss and needs help coping with grief.

Camp Good Hope & Teen Encounter – Our annual day camp for children age 6 through 5th grade and teens in middle and high school provides kids with an honest, safe place to talk openly about their loss and improve their ability to cope.

Kamp Time at Your School – Grief specialists partner with school personnel and parents to provide grief support to children and teens in a relaxed school setting.

Information – Where to find community resources for emergency financial assistance, safety and protection from abusive situations.

Referrals – Where to find help from medical, psychological and addiction community resources.

Community Support – In the event of community tragedies, our grief specialists are available to assist victims and their loved ones.

Telephone Grief Support for Our Hospice Families – Follow-up calls are made to those coping with loss.